

New Post/Reply Submission Form

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Username
□ New Thread or □ Reply to Existing Thread (Check One)
Title of New Thread or Title of Existing Thread You Are Replying To
Your Post (if More Room is Needed, Write on Back)
(BBCode can be used. Bold is [b][/b]. Underline is [u][/u]. Italic is [i][/i]. For a full list of BBCode options, please see http://www.karateforums.com/faq.php?mode=bbcode).
Attach Signature? (Check One) □ Yes or □ No
Poll Question (Optional)
Poll Options (Limit 10)

Please mail completed form to:

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